



spring skin

WE SAMPLE LOCAL SKIN TREATMENTS TO SPRUCE UP TIRED WINTER SKIN IN TIME FOR SOME SPRINGTIME FUN.

rejuvi australia

BY NADIA CORRENTI

WHEN REJUVI owner Mariana Titeica invites me along to her salon to try the Rejuvi Milk Peel, I'm intrigued. Upon my arrival, she explains that this is a results-based facial that creates controlled shedding of damaged skin cells to expose younger, fresher skin. Mariana pops me under a UV light and gives me a hand mirror so I can see what's going on under my skin. It's scary. My face is covered in purple patches (dehydration – eek!) and small brown spots (sun damage and freckles waiting to emerge – double eek!). It's a great wake-up call, and I resolve to be super-vigilant with my SPF30. Next, Mariana cleanses my face and applies a fruit complex treatment. After this is removed, she applies the milk peel, which comprises a natural extract from sour milk (lactic acid), papain (an enzyme from papaya) and salicylic acid. Mariana warns me that my skin will start to feel very hot, and that I should let her know if it becomes painful. It does burn slightly, but the discomfort is definitely tolerable. Mariana cools my face with a fan and then, after four minutes or so, washes off the peel. She applies moisturiser and sunscreen (vitally important to protect new skin layers) and tells me the dead skin will probably peel off over the next few days. I'm pleased to say my skin is feeling and looking really good. My skin tone has evened out and my skin is much less congested, so I'm happy. If it's visible results you want, Rejuvi delivers.



Time: 90 mins; Price: \$150
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